



Affected by the Grenfell Tower fire?

The NHS is here for you

Update on Grenfell specific NHS services



Autumn 2025

Hello everyone,

This leaflet outlines the specific NHS services that are available for those affected by the Grenfell Tower fire and are designed to support your health and wellbeing.

Survivors and bereaved individuals from Grenfell can also access a wider range of NHS services tailored to their long-term health needs. More details are available at www.grenfell.nhs.uk/dedicatedservice

There is also a wide range of general NHS services available to everyone living in Kensington and Chelsea, from GP appointments and urgent care to mental health support and services for children and families. More details are available at www.grenfell.nhs.uk/generalhsservices

We also appreciate feedback on the services and support we provide. If you have any feedback, good and bad, please email us on nhsnwl.nkrt@nhs.net

Dedicated service for survivors and bereaved

This service is for bereaved and survivors of the fire and Grenfell Walk residents. It supports and coordinates access to a range of health and wellbeing services.

Find out more via **www.grenfell.nhs.uk/dedicatedservice**, or call the helpline on **020 8637 6279**. You can also visit the St. Charles' Centre for Health & Wellbeing, Exmoor Street, London, W10 6DZ (open Monday to Friday 9.00am – 5.00pm).

North Kensington GP care

You can arrange a time with your local doctor to discuss any health concern you may have. Ask your local GP surgery for help, say you have been affected by the Grenfell Tower fire.

Would you like a health check?

If you are affected by the Grenfell Tower fire, then you are eligible for a free Enhanced Health Check.

These checks are great if you have any concerns about your health and can support you and your family to lead a healthier life.

This includes:

- Breathing check
- Mental health and wellbeing check
- Physical health check
- A blood test will be requested if needed to check for certain conditions.

Our website provides more details on the full range of services available: **www.grenfell.nhs.uk/healthchecks**

Enhanced Health Checks are quick and easy to book via your local GP surgery or you can access one in a community setting by calling **07768 271733** (between 9am-5pm) or emailing **nhsnw1.grenfellenhancedhealth@nhs.net**.



Are you or your loved one's emotional wellbeing affected by Grenfell?

You may be experiencing difficulties such as depression, anxiety, posttraumatic stress disorder (PTSD) and grief. For some, these will have begun soon after the fire, for others, difficulties may only develop months or even years later. Some people may have already experienced highly traumatic events in the past and the fire may have triggered or worsened distress.

We work in a respectful, sensitive way with people from all cultural and faith backgrounds. We have team members who speak a range of languages and we can use interpreters. We offer a flexible, holistic approach to wellbeing, and provide a range of services including: Art therapy, groups, family therapy, individual therapy and collaborations with local community groups.

If you would like to find out more, or refer yourself or your child to the Grenfell Health and Wellbeing Service please complete the brief self-referral form on www.grenfellwellbeing.com You can also get in touch with us by: Phone: **020 8637 6279** (between 8am and 8pm weekdays and 9am and 8pm weekends) Email: **grenfell.wellbeing@nhs.net** Or you can ask your GP or dedicated service worker to make a referral.

Not sure if you should refer to us?

Fill out the 'Call Back' form on our website www.grenfellwellbeing.com and a member of the team will call to have an informal chat about your options.



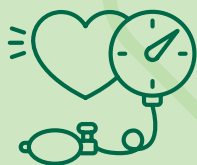
Your space to reflect and record

Use this page to jot down any thoughts, questions, or reminders about your health and wellbeing, or services you'd like to explore further.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly textured appearance and is set against a dark background.

Children and young people up to age 18

There are a range of physical and emotional and wellbeing services and support available through the NHS, and voluntary and community organisations. You can find out more by visiting www.grenfell.nhs.uk/children



Get in touch

Let us know if you need this leaflet in another language or format (easy read, large print, audio)?

If you have any questions on any of the services mentioned in this leaflet, please don't hesitate to get in touch with us by emailing: nhsnwl.nkrt@nhs.net

For further details on the services available, please visit www.grenfell.nhs.uk or scan this QR code

