

North Kensington: monitoring health and wellbeing

Local NHS services and the Royal Borough of Kensington and Chelsea work together to track health and wellbeing in North Kensington so we can spot changes early and act quickly. This leaflet explains what is monitored, who does what, how GPs can raise issues and how Enhanced Health Checks feed in. It also tells you how to get involved or contact us.

Why we started

After the Grenfell tragedy, a structured programme of population health monitoring was set up to track health over time and inform services, responding to the Coroner's Prevention of Future Deaths (Regulation 28) notice. Survivors and bereaved are monitored separately through the Dedicated Service. This includes Enhanced Health Checks and specialist long-term monitoring for children.

What we monitor

We look across a wide range of areas for adults, children and young people, including:

- **lungs and breathing** (e.g., asthma and other respiratory conditions)
- **mental health and wellbeing** (e.g., anxiety, depression, sleep)
- **cancer** (including specific cancers such as lung cancer)
- **pregnancy, birth and infants**
- **other physical conditions** (e.g., heart and circulation, diabetes, digestive conditions)

We review anonymised NHS information on GP activity, hospital care and prescribing, and compare local patterns with a similar "comparator" area to understand what's different and what's not. We monitor 134 measures every quarter. No one can be identified from the analysis.

How clinicians raise urgent or emerging concerns

Sometimes clinicians notice patterns before they appear clearly in routine data. There is an active clinical concerns reporting route:

- clinicians report unusual patterns or issues they're seeing clinical leads and the Clinical Reference Group (CRG) review concerns quickly, analysts check the data, and agreed actions are taken (for example, targeted audits, outreach or service changes)
- the process is in place now and has already been used; updates feed into regular NHS meetings.

How Enhanced Health Checks feed into monitoring

Enhanced Health Checks (EHCs) are free yearly reviews for people affected by the Grenfell tragedy, covering physical and mental health. Attending each year helps track changes over time and ensures early support if needed. Results go into your GP record, and anonymised data supports wider health monitoring. Book at your GP or visit www.grenfell.nhs.uk/ehc

Air and site monitoring

While the Tower is carefully taken down, UKHSA continues to assess air quality with regular reports. Information on noise and vibration monitoring will also be published.

How we look at the data – and protect your privacy

- We compare North Kensington with similar areas to understand differences and trends
- We review quarterly trends, checking changes against pre-tragedy and pre-pandemic baselines
- If something unusual appears, we double-check the data and speak with clinicians to understand what's really happening (sometimes it's a recording change, not a rise in illness)
- We use anonymised NHS data and protect confidentiality. No one can be identified from the analysis.

Who monitors what matters: From environment to NHS services

Area	Who is responsible	What they do	How often
Air quality	UK Health Security Agency (UKHSA)	Leads air monitoring and provides expert advice and reporting.	Ongoing / regular reporting
Soil	RBKC Environmental Health	Tests soil and reports findings.	As scheduled / when needed
Clinical monitoring (people being seen)	NHS North West London – North Kensington Recovery Team	Monitors patients under care and feeds insights into service planning.	Ongoing
Population health data monitoring	RBKC Public Health, with NHS analysts/clinicians	Reviews anonymised NHS data across 134 measures; compares trends with a similar area; investigates unusual changes; aligned with JSNA 2024.	Quarterly
Primary care prescribing patterns	NHS NW London Medicines Optimisation Team	Provides prescribing data to support trend analysis.	Regular / quarterly
Clinical concerns reporting	Clinicians → Clinical leads / Clinical Reference Group (CRG)	Raises emerging issues; checks data and clinical picture; agrees actions; updates governance meetings.	As concerns arise (standing process)
Specialist Long-Term Monitoring – Respiratory (Resp LTM)	Specialist NHS respiratory team	Provides additional respiratory assessment and follow-up for survivors; findings inform wider monitoring.	Yearly
Specialist Long-Term Monitoring – Paediatrics (Paed LTM)	Specialist NHS paediatric team	Additional assessments for children/young people; findings inform wider monitoring.	Yearly
Enhanced Health Checks (EHCs)	Your GP practice (NHS)	Offers annual checks; records results; refers on if needed; contributes anonymised data to population monitoring.	Yearly (per person)
Five-year Health & Wellbeing Survey	RBKC Public Health	Community-voice survey to understand health, wellbeing and recovery; helps shape services.	As per survey plan (five-year cycle)

How to get involved

Book or ask about an Enhanced Health Check via your GP or the website.
Attending every year helps track your health over time.

Stay informed: We share updates in community meetings and online, including what we're seeing and what we're doing about it.



Contact us by email: nhsnwl.nkrt@nhs.net
 Visit: www.grenfell.nhs.uk/monitoring

