

venture

**WINTER
PROGRAMME OF
ACTIVITIES
2023/4
EDITION 2**

**Venture Centre
103a Wornington Rd,
W10 5YB
020 8960 3234**

About Us

The Venture Centre is a registered charity and was established in 1959. It comprises of; the oldest Adventure Playground in the UK delivering OFSTED registered children's services, a purpose-built Steel Panyard and a thriving Community Centre.

The centre is open 365 days a year, even throughout the Christmas and New Year holidays!



Opening times:

Monday 10:00AM - 7:00PM

Tuesday 10:00AM - 7:00PM

Wednesday 10:00AM - 7:00PM

Thursday 10:00AM - 7:00PM

Friday 10:00AM - 7:00PM

Saturday 10:00AM - 4:00PM

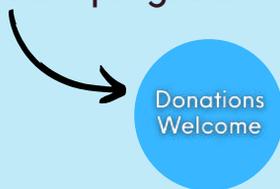
Sunday 12.00AM- 3.00PM

Navigating this Booklet

This booklet is divided into colour-coded sections and each colour corresponds to an activity:

- Blue for Fitness
- Pink for Children's Activities
- Green for Creative Arts
- Red for Wellness Activities
- Purple for Maternity Champions
- Yellow for Events
- Orange for Advice

Days, times and prices are at the bottom of each page. All of our activities are free or low cost. Therefore, we rely on the support of our friends and neighbours to make donations. Look out for the donation badge throughout the program.



Look out for the Community/Maternity Champions Badge! This means the activity will have friendly volunteers available to provide support.



Contact us:
info@venturecentre.org.uk
0208 960 3234
venturecentre.org.uk
Instagram: [vca_communitycentre](https://www.instagram.com/vca_communitycentre)
Facebook: Venture Centre

Venture Weekly Calendar

Monday

- Pilates 10:30 - 11:30am
- ICT Suite 4:00 - 6:00pm
- Women Only Zumba 6:00 - 7:00pm

Tuesday

- Zumbabies 10.00- 11:00am (starts 16th January)
- Cultural Art Workshop 1:00-4:00pm
- Children's Cooking Workshop 4:00 - 6:00pm
- Glissando Steel Orchestra (adults beginners) 6:30-8:30pm

Wednesday

- Digital Skills Sessions 10:00-2:00pm
- Meet and Eat, Lunch served at 1:00pm
- Bodyweight and Bands Workout Class 6:30 - 7:30pm

Thursday

- ICT Suite 12:00 - 2:00pm
- Cultural Art Workshop 1:00-4:00pm
- Glissando Steel Orchestra (children) 4:00-5:30pm
- Homework Club 4:30-6:00pm
- Glissando Steel Orchestra (adults) 6:30-8:30pm
- Bootcamp Workout Class 6:00 - 7:00pm

Friday

- Community Cookery 11:00 - 1:00pm
- Film-making Workshop 11:30 - 1:30
- Gentle Yoga 11:30 - 12:30
- Alkaline Health 4.00 - 6.00pm
- Box Fit Workout Class 6:00 - 7:00pm
- Express Yourself Drama Class (adults) 7:00 - 9:00pm

Saturday

- Children's Learning Lab 10.00 - 12.00pm
- Children's Drama Club 10:30- 12:30pm
- Foodbank 12:00 - 4:00pm (Fortnightly)

PILATES



Designed to relax, our Pilates instructor will ease your tense muscles and focus on your breathing.

Donations
Welcome

COMMUNITY
Champions
GLoucester

Price: £2

Mondays

Time: 10:30am - 11:30am

Women Only Zumba



Our high-intensity Zumba classes will have you working up a sweat as you jam to energetic music with a professional tutor.

Price: £2

Mondays

Time: 6:00 - 7:00pm

Bodyweight and Bands Workout Class



This lively workout session will tone your limbs and thighs using resistance bands.



Price: £2

Wednesdays Time: 6:30 - 7:30pm

Circuit Workout Class



This class will challenge your fitness and help you develop your cardio and strength.



Price: £2

Donations
Welcome

COMMUNITY
Champions
COLLEGE

Thursdays

Time: 6:00 – 7:00pm

Gentle Yoga



A soothing style of Yoga designed to enhance your flexibility while simultaneously calming your body and mind.

COMMUNITY
Champions
GLoucester

Donations
Welcome

Price: £2

Fridays

Time: 11:30 - 12:30pm

Boxfit Workout Class



Learn basic boxing combinations
and techniques during our Boxfit
sessions.



Donations
Welcome

COMMUNITY
Champions
GOLDSPRING

Price: £2

Fridays

Time: 6:00 – 7:00pm

venture

community association



Christmas Holiday Activities

Wednesday 27th December to Friday 5th January



**Notting Hill
Adventure Playground
W10 5YB
10.30am - 3.30pm**



**Flashpoint
Playground
SW10 0DS
11.00am - 4.00pm**

**Little Wormwood Scrubs
Adventure Playground
W10 6AD
10.30am - 3.30pm**



**Open access adventure play for Children aged
6 - 14 years**

In addition to our play structures, we offer a wide range of activities including Board games, Cooking, Interactive games, Sports, Music and Arts and Crafts.

for more information please call 0208 960 3234

email info@venturecentre.org.uk

FREE



Children's Cooking Workshop



Ages 6 -14 years

Discover simple and nutritious recipes that children can easily recreate in their own kitchens.

Donations
Welcome

Free

Tuesdays

Time: 4:00 - 5.30pm

Homework Help



Our educational support services are here to assist your child, offering them resources that make excelling academically more achievable. Bring their homework along, or we can supply worksheets suitable for all age groups.



Atom Learning leverages interactive questions, insightful help sheets, and engaging videos to craft a tailored learning journey for each and every child.

Ages 6 - 14 years old

Free
Thursdays

Time: 4:30 - 6:00pm

Donations
Welcome

Children's Steelpan Classes



**Come and Learn to play the
steelpan instrument
with Glissando Steel Orchestra**

FREE

Thursdays

4.00pm -5.30pm

Every Other Sunday

12.30pm -2.00pm

Children's Drama Club



Educate your child with basic acting techniques.

To book a place please contact
natasha.renegadetheatre@gmail.com

Donations
Welcome

Free

Saturdays Time: 10:30am 12:30pm

LEARNING LAB

PHONICS

Term time Saturdays From 13th January 2024 we return for phonics workshops at Notting Hill Adventure Playground. 5 minute reading assessment to be done prior to start If interested please email:

info@venturecentre.org.uk

Age 4 - 12 years



Donations
Welcome

Free
Saturdays

Time: 10:30am-12:30pm



SHYNE 2 CHANGE
SINCE 2021

SHYNE 2 CHANGE

SATURDAY

16TH DECEMBER

11.30- 13.30

"FREE" INCLUSIVE STAY AND PLAY
FOR ALL CHILDREN WITH ANY DISABILITY
AGED 6-13

RAFFLE PRIZES TOYS
GAMES

CHRISTMAS
PARTY

CHRISTMAS
PARTY

REGISTER IN ADVANCE
VIA EMAIL

shyne2chance@gmail.com

Registration Parents & Kids

OR REGISTER ON
THE DAY

AT LITTLE WORMWOOD SCRUBS
ADVENTURE PLAYGROUND

Arts & Crafts | Fun Games | Sensory Room
| Outdoor Play | Music & Dance And a Lot More...

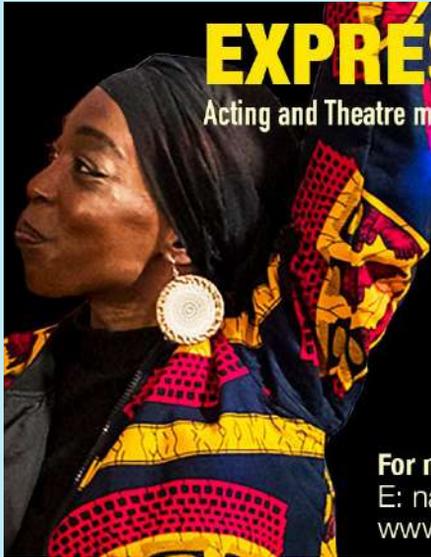
For more info please contact number below
07932 804 247

VENTURE
COMMUNITY ASSOCIATION

Green
Projects
Fund 2



Adult Drama Club



EXPRESS YOURSELF
Acting and Theatre making workshops for K&C residents | Free

- > explore your imagination
- > channel your passion
- > work with professionals as we devise and craft a theatre piece for live performance.

Starts Oct 6th from 7.00 - 9.00pm
@ Venture Community Assoc
103a Wornington Rd, W10 5YB

For more info or to book a place:
E: natasha.renegadetheatre@gmail.com
www.renegadetheatre.co.uk

Free screen acting and improvisation workshops
for Kensington and Chelsea adult residents.

Work with industry professionals to:

- explore your imagination
- channel your passion
- build screen acting and improvisation skills as we devise and perform a short film to enter into The Portobello Film Festival 2023

To register;

contact natasha.renegadetheatre@gmail.com

Fridays

Time: 7:00 - 9:00pm

Donations
Welcome

Glissando Steel Orchestra



Learn the art of steelpan drumming during our Glissando Steel Orchestra classes

Tuesdays (Adult Beginners)

Time: 6:30 – 8:30pm

Thursdays (Children)

Time: 4:00 – 5:30pm

Thursdays (Adults)

Time: 6:30 – 8:30pm

Sundays (Adults)

Time: 2:00 – 5:00pm

**Every Other Sunday
(Children)**

Time: 12:30 – 2:00pm

Free

Donations
Welcome

Cultural Art Workshop



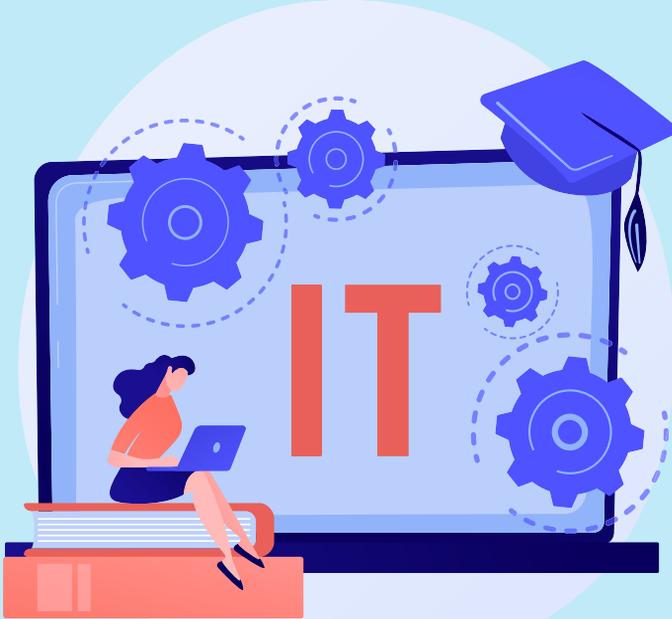
Guided by local artist Jennifer Huie, our upcoming series of specialist workshops offers the opportunity to delve into culture through various art forms like painting and drawing.



Free
**Tuesdays &
Thursdays**

Time: 1:00 - 4:00pm

ICT Suite



Our Drop in sessions are **BACK!!**

Opening Hours:

Monday: 4:00 - 6:00pm

Thursday: 12:00 - 2:00pm

Do you need to send an email?

Write a Word document?

For more info contact

Tel: 020 8960 3234 Email: info@venturecentre.org.uk

or

pop in and speak with the team

Board Game Social



Come and play games, makes new friends
over a board game and hot beverage

Pop in a speak with a member of the team
for more information

Wednesdays Time: 2:00pm - 3:30pm

Meet and Eat Community Lunch



Come into the Venture Centre every week to indulge in a free warm cooked meal and casual conversations with neighbours and friends

Donations
Welcome

Food served at 1:00pm

Wedensdays

FESTIVE LUNCH 20TH/27TH DEC



Cook, Learn, Share



Community Cookery Workshop

- Cook a healthy meal.
- Learn key nutritious health benefits.
- Share a meal with friends
- Take some ingredients to recreate at home

Donations
Welcome

To book: Tel: 020 8960 3234

Email: info@venturecentre.org.uk or

Come in and speak with the team

Fridays

Time: 11:00am - 1:00pm

Natural Alternatives



- Learn about Alkaline foods.
- Try Natural Remedies.
- Enjoy a warm healthy snack.
- Make natural cleaning products
- Learn about Food and Skin Care

Donations
Welcome

To book your place call please call or email.

Free
Fridays

Time: 4.00 – 6.00pm

Foodbank



No referral needed

**Names will be taken down from
12:00 noon - 1:00PM.**

Bring a bag!

Donations
Welcome

**Free
Saturday**

Time: 12:00noon



Everyday Health Breakfast

MS Society

The Multiple Sclerosis
Support Breakfast

Every other Tuesday
10.00am -11:30am

Participate in our fortnightly health breakfast meetings where we'll explore practical solutions for everyday health conditions, with a different focus each term.

Donations
Welcome

For any enquiries please call 02089603234

golborne
medical

COMMUNITY
Champions
GOLBORNE

Free weekly

Baby Stay and Play

Every Thursday 10:00 - 11:30am

at Holmfield House Children's Centre,
4-6 Golborne Rd, W10 5PE



Run by the local Maternity Champions,
Stay and Play is a fun and safe environment
for you and your baby to play, explore, learn
and meet others.

Drop-ins are welcome and sessions are free!

info@venturecentre.org.uk

020 8960 3234



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

venture
community association

MATERNITY
Champions
KENSINGTON AND CHELSEA

Free weekly
Baby and Toddler
Zumbabies



Zumba for parents and babies

EVERY Tuesday Starting

16th January

**10:00am - 11:00am
at Venture Centre**

103a Wornington Road, W10 5YB

Drop-ins are welcome or book a session by emailing:

info@venturecentre.org.uk

020 8960 3234



Your Voice

Your **v**en**t**ure



Connect, Dine, and Contribute to Our Community's Future!

Join us for a delightful evening of scrumptious food and lively community dialogue! This is a wonderful opportunity to get acquainted with our team over dinner and to express your thoughts on how we can further enhance our services to better serve you. Let's come together, share ideas, and shape a promising future for our community!

Tuesday 21st November

Tuesday 19th March

Tuesday 25th June

from 6.00pm - 8.00pm

Festive Celebration



Thursday 21st December

6.00pm - 9.00pm

**Cost
£2**

**Join us for an evening of good vibes, food
sing and celebrate the festive tones of
Glissando Steelband and Portobello Live Choir**

**To book your ticket please contact 0208 960 3234,
pop in and speak with the team**



Alternative New Years

Sunday 31st December

Celebrate with us as we count down to the New Year, Australian time! Enjoy a night filled with DJ music, face painting, a variety of finger foods, and much more!



11.00am - 2.00pm

**Cost
£2**

The Valentines Affair



Saturday
17th
February

live entertainment
including: DJ, Steelpan,
food, Bingo, raffle, and
much more.

at The Venture Centre
103a Wornington Road London W10
5YB

12:00pm - 4:00pm

Cost
£2

Call 0208 9600 3234 or pop in to purchase your ticket

Will Advice Services



Our free Will clinic covers a range of essential legal aspects, including Wills, Trusts, probate, and power of attorney. In these challenging times, making a Will or establishing a Lasting Power of Attorney are of utmost importance, and providing these services will give peace of mind.

Saturday 20th January 2024

11:00am - 3:00pm

To book your slot

Call 0208 960 3234 or Email info@venturecentre.org.uk



LEWIS LAW
WILLS & TRUSTS

Data Sims

FREE

DATA, CALLS AND TEXTS

National Databank

We are offering SIM cards loaded with free calls, texts and data, to those who are digitally excluded.

Eligibility Criteria:

- Aged 18 or over
- Low-income
- **and at least ONE of the following:**
- Have no access to the internet at home
- Have no access to the internet when away from the home
- Cannot afford existing monthly contract or top up

IF INTERESTED, CONTACT:

0208 960 3234

to set up an appointment and bring proof of funds.

11.11

 24GB of Three Data

 20GB of Vodafone Data

 20GB of O2 Data


community association

 Good Things
Foundation

The background of the poster features several coffee cups and bowls arranged around the text. Some cups contain coffee with foam, some have coffee grounds, and one contains coffee beans. The cups are white with metal handles.

WGCG 

WORNINGTON GREEN COMMUNITY GROUP

Wornington Green Community Group Coffee Afternoon

for residents of wornington green

Wednesday Afternoons

1.30pm - 3.30pm

Portobello Hall, 304 Ladbroke

Grove, W10 5NF

Chair Based Exercise –

First and last Wednesday of every month

2.00pm–3.00pm

 **Peabody**


community association



Venture needs Volunteers

If you are interested in giving back to your community or taking part in any of the following events, Venture Volunteering is for you.

Venture Activities

- Foodbank
- Playground
- Food preparation
- Community Engagement

**EMAIL: INFO@VENTURECENTRE.ORG.UK
OR CALL 0208 960 3234 TO SIGN UP!**



The Golborne Community Champions programme aims to empower residents to develop skills and knowledge which can be shared throughout the community. It provides opportunities for local residents to connect through a wide variety of programmes and social events. The activities aim to bring local people and services together to improve health and wellbeing and to reduce inequalities.



We are constantly working to extend our programmes. If you are interested in becoming a volunteer or Champion or would like to share ideas for additional activities, contact:

Info@venturecentre.org.uk

020 8960 3234



Maternity Champions

Local support during pregnancy
and the first year after birth

Reasons to get in touch:

- to find out about our fun free social activities for parents and babies
- to receive breastfeeding and other support
- to find a place to express worries, concerns and ask questions, as a new parent



*Or to find out about
volunteering with us!*

For further info and an up to date calendar of all our activities at Venture and across K&C, visit:

www.venturecentre.org.uk/maternity-champions

or contact:

Carmella@venturecentre.org.uk

020 8960 3234

Advice in the Area

citizens
advice

Citizens Advice
Kensington Chelsea

CITIZENS ADVICE

Kensington & Chelsea is running an Advice and Help Hub at Kensington Leisure Center, we are here to help you access services and appointments including help with issues related to housing, debt, benefits, family matters and employment.



We offer free, confidential and impartial advice & help:
Legal Advice Empowers Lives...

WHEN: FRIDAYS 9 – 11am

**WHERE: Kensington Leisure Centre,
Silchester Road, London, W10 6EX**

Can't visit us on Friday, you can also get help by speaking to a specialist CA adviser on Advice line: **0808 278 79 82**

You can also access on-line help at www.citizensadvicekc.org.uk



7, 23, 52, 295, 316



Latimer Road, Holland Park, Shepherds Bush



Local Support Payments

Do you live in Hammersmith and Fulham, Kensington and Chelsea or Westminster, and you need help because of an emergency or a crisis.

you may be entitled to a Local Support Payment (LSP)



If you think that you may be entitled to a payment you can apply online at your local council

or

you can apply over the phone on 020 7745 6464

ENQUIRY TELEPHONE LINES		
BENEFIT ENQUIRIES:		
JOBSEEKERS		NORTH KENSINGTON JOBCENTRE PLUS 0800 169 0190
INCAPACITY		Universal Credit consists of six existing benefits: Jobseekers Allowance, Employment & Support Allowance, Income Support, Working Tax Credits, Child Tax Credits and Housing Benefit
INCOME SUPPORT		Universal Credit New Claim: www.gov.uk/universal-credit
ESA		
0800 169 0310		
Universal Credit Service Centre	0800 328 5644	JOBCENTREPLUS WEBSITE: www.gov.uk
Attendance Allowance	0800 731 0122	
Benefit Fraud Hot Line	0800 854 440	NEW CLAIM FOR PIP 0800 917 2222
Bereavement Service	0800 731 0469	Enquiries for pip 0800 121 4433
Carers Allowance	0800 731 0297	Pip checker www.gov.uk/pip-checker
Child benefit	0300 200 3100	TAX OFFICE 0300 200 3300
Child Support Agency	0800 171 2033	Kensington & Chelsea - Housing Benefit
Disability Living Allowance	0800 121 4600	PO Box 22515
Healthy Start (Milk tokens)	0345 607 6823	Town Hall
HM Revenue & Customs	0300 200 3500	Hornton Street
Housing Benefit Liaison	0345 377 0323	London W8 7NX
Maternity Allowance	0800 169 0283	Tel: 020 7361 3006
National Insurance Bookings	0800 141 2075	Westminster - Housing Benefit
National Insurance Enquiries	0300 200 3500	101 Orchardson Street
National Minimum Wage Helpline	0345 6000 678	London, NW8 8EA
Pension Credit - New claims	0800 99 1234	Tel: 0207 641 6000
Pension enquiries	0800 731 0469	
Post Office Enquiries	0345 722 3344	APPEALS: www.justice.gov.uk
Social Fund	0800 169 0140	EMPLOYER DIRECT 03456012001
Tax Credits	0345 300 3900	JOBSEEKERS DIRECT 03456060234

Digital CHAMPIONS

FREE 6 weeks Digital skill sessions delivered by digital champions at Venture Community Center from 8th November.

**Day/Time: Wednesdays
10am – 2pm**

Our sessions include :

- Using the NHS App
- WhatsApp and Zoom
- Social Media
- Emails
- Online safety and more!

LEARN MORE

✉ kevin@dalgarnotrust.org.uk

🌐 www.dalgarnotrust.org.uk





**Opening
October!**
Sign up to get
10% off your
first rental

**NORTH KENSINGTON
LIBRARY OF THINGS**

**Rent useful items for cleaning,
DIY, gardening and more
from your local high street.**

Part of the Notting Dale
Future Neighbourhoods
2030 programme



SUPPORTED BY
MAYOR OF LONDON



447Punch & Forgotten Sisters

presents

You Are Not Alone

"A free dinner for those who are homeless, in desperate need and alone this holiday"

**Date: Sunday 24th
December**

Time: 4pm-8pm

**Venue: 103a Wornington
Road w10 5yb**

Locals giving back to the community

"NO ALCOHOL WILL BE SERVED OR BROUGHT INTO THE PREMISES"



THE WEST 10 FAMILY

PRESENTS

A promotional poster for a New Year's Eve party. The central image shows a woman with long, dark, curly hair wearing a red, strapless, form-fitting dress, and a man wearing a white tuxedo jacket, a white shirt, a black bow tie, and sunglasses. They are both holding large, gold-wrapped champagne bottles. The background is a warm, golden-brown color with a city skyline silhouette and fireworks exploding in the sky. The text is bold and stylized, with a red circular badge containing ticket information.

**NYE
BIG PEOPLE
PARTY**

**TICKETS
£10
MOTO**

SUNDAY 31ST DECEMBER 2023

VENTURE CENTRE

**WORNINGTON ROAD (OFF GOLBORNE RD)
LADBROKE GROVE, W10 5YB**

DOORS OPEN 9PM/LATE

THE WEST 10 FAMILY

PRESENTS

**NYE
BIG PEOPLE
PARTY**

ENTERTAINMENT BY:

GREEN FLY

FROM DEJA VU

DJ ONE E

FROM PECKINGS & ROOTS FM

**GOLD FINGER FREDDY
& GUEST DJS**

**SECURITY TIGHT BUT POLITE NO SEARCH, NO ENTRY
FULLY STOCKET BAR, NO DRINKS ARE ALLOWED
TO BE BROUGHT ONTO THE PREMISES**

**TICKETS
£10
MOTO**

TICKETS

ONE E	07723 333 683
GREEN FLY	07849 690 536
FREDDY	07957 217 177
ROLAND WEST LONDON	07904 336 155
PERKINS WEST LONDON	07850 790 515
PETER SOUTH LONDON	07961 997 222
ERROL NORTH WEST	07774 477 239
TREVOR SOUTH LONDON	07973 390 502
GEORGE NORTH WEST	07852 395 381
RABBI WEST LONDON	07860 691 372

DELIVERY OF 10 OR MORE TICKETS: 07850 790 515

FOOD & DRINKS ON SALE

SECURITY TIGHT BUT POLITE

Thank you to our supporters!



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA



