

Stay & Play Sessions in RBKC



Grenfell Stay and Play
 at Oxford Gardens Primary School
 Oxford Gardens, London W10 6NF (Term Time only)
 Monday-Thursday 9:30 -12:30pm
 Monday-Thursday Song Time 11:15am
 Thursdays Toy Library 10:00-12:00pm

Little Scrubs Playhut

Dalgarno Gardens
 London W10 6AD
 Tel: 0208 969 7779

Monday-Friday

10am-1pm (Term Time only)

The Toy Library is available at both venues:

Tuesdays at Little Scrubs Playhut and Thursdays at Grenfell Stay and Play at Oxford Gardens, 10:00am-12:00pm. Parents will be able to loan educational toys



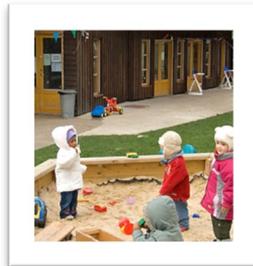
St Marks Stay & Play

St Mark's Rd, London W10 6BZ

Tel: 0208 158 5446

Monday - Wednesday 1:00 - 4:00

Thursday - Friday 1:00 - 3:00



Stay & Play Sessions in RBKC



Meanwhile Garden Playhut
 Set within the gardens
 Opposite unit 29 Elkstone Road
 W10 5NT
 Tel: 0208 960 7894



	AM	PM
Monday	Stay and Play 9:15-11:45	Music & Movement 12:30-2:30
Tuesday	Messy Play 9:15-11:15	Music & Movement 12:00-2:00 Stay & Play 2:15 - 4:45
Wednesday	Music & Movement 9:15 - 11:45	Messy Play 12:00 - 2:00 Stay & Play 2:15 - 4:45
Thursday	Nature Explorers 9:15 - 11:15	Stay & Play 12:00 - 2:30 Play & Eat 2:45 - 4:45
Friday	Stay and Play 9:15-11:45	Music & Movement 12:30-2:30

No booking needed, sessions are **FREE** for RBKC residents, out of borough residents there is a £3 charge on arrival.

Clare Gardens Children's Centre

349 Westbourne Park Rd, London W11 1EG

0207 361 2725

Holmfield House Family Hub

4-6 Golborne Rd, London W10 5PE

0207 938 8400



North Locality Family Hub Timetable for Under 5's



Keep up to date with our services
 Follow us on *Instagram*
 @rbkc.childrencyentres



What's on in North Kensington & Chelsea Family Hub for under 5's 4th September– 22nd December 2023

Sessions must be booked to secure a place please call 020 7938 8400 / 020 7361 2725 or email familyhub@rbkc.gov.uk

Monday

Under 1s Activities @The Dalgarno Trust

10:00am-11:00am

Under 1's group.



Baby Massage @ The Dalgarno Trust

11:00am - 12:00pm

Spaces are Limited. Please Call on 0208 969 6300 to register your place. This is in run by our partners, The Maternity Champions.

Sensory Stay & Play @Holmfield House

10.00am-11.30am

For children who have an additional needs. For children 0 to 5 years of age.

Baby Massage @Clare Gardens.

1:30pm - 2:30pm

5 week course for babies aged 6 weeks to 6 months. Baby massage provides a special time for you and your baby to share and helps you to create a life long bond with your baby.

Change4Life Clubs @ Holmfield House

1:00pm - 2:00pm

18th Sept - 16th Oct

6th Nov - 6th Dec

6 weeks programme

Change4Life free six week club programmes are here to support expectant parents, children, young people and families, across Kensington & Chelsea in finding ways they can include eating well and keeping active in their everyday lives.

Tuesday

Baby Bank @THE SPACE

10:00am-12:00pm

For Under 1's

Open to families who need support with baby essentials. For self referral call on 0800 0478161.



Baby Massage @Colville Primary School

10.00am-11.30am

5 week course for babies aged 6 weeks to 6 months. Baby massage provides a special time for you and your baby to share and helps you to create a life long bond with your baby.



Talking Steps@ Holmfield House

10:00am-11.30am

A 6 week language programme providing tips and advice for parents on how to support children's language development through play and everyday activities.

Wednesday



Doula Hub @Holmfield House

The Doula Hub is a safe space to connect and receive childbirth support and guidance in North Kensington.

Drop in.

Sept: 6th 13th 20th 27th.

Oct: 4th, 11th

Nov: 1st 8th 15th 22nd 29th

Dec: 6th

We have no sessions for children running on a Wednesday but you can book our secure outdoor space to play with your children.



We are breastfeeding friendly centres, you can pop in at anytime to Breastfeed your baby. If you require breastfeeding support please call us on 02079388400 to book a appointment to see a breastfeeding trained member of staff.

Thursday

Drop-in baby clinic with Health@

Holmfield House

9.30am-11.30am

Come speak to a health visitor, weigh your baby and discuss any development concerns.

Stay & Play for 0-5

@ Holmfield House

10:00am-11:30am

Come and enjoy a stimulating and exciting play session with your children 0-5 age. This includes, messy, creative & outdoor play.

Stay & Play for Under 1's

@ Holmfield House

10:00am-11:00am

For Under 1's This session is run by our Maternity Champion Partners. Please call: 020 8960 3234 for more information.



Baby Zone @ Clare Gardens

10:00am - 11:30am

For new-borns to babies up to crawlers. PEEP is a 6 week programme. It aims to improve family life by making the most of everyday learning opportunities, listening, talking, playing, singing and sharing books and stories together.

Baby Zone Plus + @ Clare Gardens

1:00pm - 2:30pm

For babies from 6 months to walking. PEEP is a 6 week programme. It aims to improve family life by making the most of everyday learning opportunities, listening, talking, playing, singing and sharing books and stories together.

Friday

Let get ready for Nursery

@ Holmfield House

10:00am- 11:30am

5 week course

This session is to support the next step into nursery for families entitled to the 2 year old funding. We offer practical advice and support the transition to give an idea of what to expect when starting.

