

# HEALTH PARTNER

WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON

www.grenfell.nhs.uk



## Dalgarno Trust and the Health Partners programme

The Dalgarno Trust is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington to building a healthier future.

#### The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- share NHS health information with the community

- help people to understand the health information and services provided by the NHS so that they can make more informed decisions about their health.
- "Health Partners is an opportunity to bring everyone together, collaborate, share knowledge, avoid duplication in order to give our communities the best offer."

Ann Goodger, Chief Executive, Dalgarno Trust

Find out more by visiting www.grenfell.nhs.uk

#### What we do

You can contact the Dalgarno Trust if you need support and advice to help you with your physical and emotional health and wellbeing.

We are currently working to:

- work with people of all ages to improve the health and wellbeing of our local community
- run activities and events that focus on health awareness, wellbeing and increasing physical activity
- work with children and young people to help improve their knowledge of the benefits of good nutrition and a healthy life style
- work with the BAME communities in our area to raise awareness of the benefits of healthy life styles and improved physical activities

 actively engage with local doctors' surgeries including Barlby Surgery, Golborne Medical Centre and Exmoor Surgery to increase their understanding of the local community and how our programmes can support their work.

### Contact us to learn more and find out how you can get involved

Telephone: **020 8969 6300**Email: reception@dalgarnotrust.org.uk
Web: www.dalgarnotrust.org.uk
Instagram: dalgarno\_trust
Twitter: @DalgarnoTrust

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Supporting NHS