



West London
Clinical Commissioning Group

HEALTH PARTNER

**WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON**

www.grenfell.nhs.uk



Rugby Portobello Trust and the Health Partners programme

Rugby Portobello Trust is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

“The Rugby Portobello Trust is very excited to be part of the Health Partners programme, working with the NHS to improve health and wellbeing outcomes for young people in North Kensington.”

Sophie Fitzhugh, Head of Services,
Rugby Portobello Trust

Find out more by visiting
www.grenfell.nhs.uk

What we do

You can contact the Rugby Portobello Trust if you need support and advice to help you with your physical and emotional health and wellbeing.

We are currently working to:

- Work with young people so they can keep safe and are aware of the services and support available
- Deliver a wide range of sporting, fitness and wellbeing activities for children and young people
- Engage with young people who are at risk of exclusion, crime, gang violence and exploitation providing 121 mentoring and access to a range of activities
- Deliver creative arts programmes promoting skills and employment in the creative arts industries eg. music, photography, film
- Provide parenting support and advice to keep children safe
- Facilitate group conversations and debates with children and young people on a range of themes eg friendship, social media
- Deliver cooking and healthy eating sessions to children and young people.

Contact us to learn more and find out how you can get involved

Telephone: **020 7229 2928**

Email: info@rpt.org.uk

Web: www.rugbyportobello.org.uk

Twitter: [@RugbyPortobello](https://twitter.com/RugbyPortobello)

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**Supporting
the NHS**