



HEALTH PARTNER

**WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON**

www.grenfell.nhs.uk



Hear Women and the Health Partners Programme

Hear Women is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

“Health Partners is the bridge that connects health service providers to the vulnerable and those people who are unable to access services because of cultural and other barriers.”

Deqa Salad, CEO, Hear Women

Find out more by visiting www.grenfell.nhs.uk

What we do

You can contact us if you need support and advice to help you with your physical and emotional health and wellbeing.

We are currently working to:

- Help build resilience of women, improve health and wellbeing and reduce social isolation through a range of activities such as cooking and chat workshops, wellness activities, talks about women’s health and trips
- provide emotional and mental health support and counselling
- provide culturally appropriate diabetes education and management
- provide information children’s health and healthy eating
- provide an inclusive space to learn, socialise and access advice and support
- raise awareness of sexual and reproductive health, including female genital mutilation (FGM), provide counselling and referrals for those who have experienced FGM
- provide a FGM training programme to educate and prevent working with children centres, schools, churches, health and the justice system, including the police.

Contact us to learn more and find out how you can get involved

Telephone: **020 3664 9519**
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**Supporting
the NHS**