North Kensington How do I access NHS health services?





GP Grandon and ho

Enhanced health checksExtended appointments



Dedicated Health Worker

- Assess your health needs
- ☑ Create a health plan
- Help to navigate NHS services



Toxicology Service

Review of your health based on concerns about toxic substances



There are a range of health services available specifically

for North Kensington residents.

Speak to your **GP** or **Dedicated Health Worker**

who can assess what you need.



Grenfell Health & Wellbeing service (GHWS)

- Trauma and bereavement, families and couples counselling
- Creative arts and talking therapies
- Child & young people's mental health service



Social Prescribing

- Create a wellbeing plan what matters the most to you?
- Connect to community activities and services
- Staying fit and healthy



Fast-track Community Respiratory Service

- ☑ Review respiratory health
- Onward referral to long-term monitoring if required





Adult Long-term Respiratory Monitoring

- Annual lung function tests
- Physiotherapy if needed



Paediatric long-term monitoring

- Annual 90min appointment with a hospital consultant to discuss all aspects of child health
- ☑ Lung function tests where required



If you need a Dedicated Health worker contact the Dedicated Service, call **020 8637 6279** from 8am to 8pm or emailing **grenfell.wellbeingservice@nhs.net**For more information visit www.grenfell.nhs.uk