



Al-Hasaniya  
Moroccan  
Women's Centre

**NHS**

West London  
Clinical Commissioning Group

# HEALTH PARTNER

**WORKING IN PARTNERSHIP  
TO IMPROVE THE HEALTH AND  
WELLBEING OF THE COMMUNITY  
OF NORTH KENSINGTON**

[www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)



# Al-Hasaniya Moroccan Women's Centre and the Health Partners programme

**Al-Hasaniya Moroccan Women's Centre is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.**

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

"Health Partners is the new way forward."

Zohra Davis, Mental Health Project  
Co-ordinator & Inspire Wellbeing Project  
Leader, Al-Hasaniya

**Find out more by visiting  
[www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)**

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## What we do

**You can contact the Al-Hasaniya Moroccan Women's Centre if you need support and advice to with your physical and emotional health and wellbeing.**

We are currently working to:

- Help build resilience in our local community, improve health and wellbeing and reduce social isolation
- provide emotional and mental health support
- organise an elderly luncheon club reducing isolation and improving health and wellbeing
- raise awareness of various health conditions including breast cancer, arthritis and obesity
- Prevent diabetes and support people to manage the condition
- provide exercise classes for the elderly
- work with young mothers to improve child health and address barriers to child immunisations such as mumps, measles and rubella (MMR)
- improve women's health e.g. self-care, understanding and managing menopause and personal hygiene.

**Contact us to learn more and find out how you can get involved**

Telephone: **020 8969 2292**  
Email: **[zohra@al-hasaniya.org.uk](mailto:zohra@al-hasaniya.org.uk)**  
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**Supporting  
the NHS**