

HEALTH PARTNER

**WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON**

www.grenfell.nhs.uk



Midaye and the Health Partners programme

Midaye SDN is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

“We support Health Partners as it is a great opportunity for community organisations to work in partnership with the NHS to improve the health and wellbeing of our communities.”

Filsaan Ali, Director, Midaye

Find out more by visiting www.grenfell.nhs.uk

What we do

Contact us if you need support and advice to help you with your physical and emotional health and wellbeing.

We are currently working to:

- Help build resilience, improve health and wellbeing and reduce social isolation
- provide emotional and mental health support
- Improve Families and older people's health and well being through family support, befriending, advocacy and outreach
- raise awareness and support with Female Genital Mutilation (FGM)
- Help people to prevent and manage diabetes and other long term health conditions by delivering mentoring service encouraging healthy eating and physical activity
- provide diverse community activities to reduce isolation and loneliness
- deliver a healthy cooking project
- work to bring different communities together.

Contact us to learn more and find out how you can get involved

Telephone: **020 8969 7456**

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**Supporting
the NHS**