



North West London

North Kensington Recovery Programme

Annual Expenditure 2019 to 2023 and forecast expenditure for 2023 to 2024

If you have any comments or feedback please email nhsnw1.nkrt@nhs.net

www.grenfell.nhs.uk

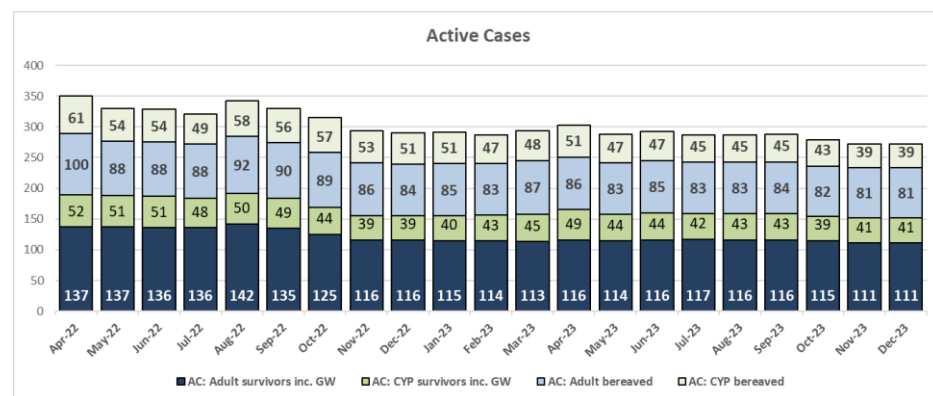
Total expenditure

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Dedicated service for survivors, bereaved and residents of Grenfell Walk	0	471	1115	1122	1098	2215	6021	
Primary care	0	880	601	678	500	828	3487	
Specialist services	0	262	98	196	188	497	1241	
Self-care	0	156	508	487	215	426	1792	
Emotional health and wellbeing	4000	4725	4412	5453	4559	5211	28360	
Children and young people	0	92	39	73	45	144	393	
Other	0	845	675	619	537	778	3454	
Total	4000	7431	7448	8628	7142	10099	44748	

Dedicated service for survivors, bereaved and residents of Grenfell Walk

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Dedicated Service provided by CNWL		292	887	869	671	1,859	4,578	Includes ICB operational role
Physical Health Case Management provided by CLCH		179	228	253	427	356	1,444	
Dedicated Services Total	0	471	1,115	1,123	1,098	2,215	6,022	

The Dedicated Service is for bereaved and survivors of the fire and Grenfell Walk residents. It supports and coordinates access to a wide range of health and wellbeing services and also the specialist services that are available. The team of dedicated health workers come from a variety of professional backgrounds including nursing, occupational therapy, social work, mental health and public health services. It is important that staff reflect the local community. This means the team comes with different cultural, religious or spiritual experience and also speak a variety of languages.



At the end of December 2023 there were 152 survivors and 120 bereaved actively using the DS, a total of 35% of those eligible.

In total **96%** of eligible clients have been offered the service at some time with 70% accepting.

Primary Care

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Primary Care (Extended Appointment, Enhanced Health Checks) provided by GPs		218	75	85	41	204	624	
Survivor & Bereaved Enhanced Health Checks			14	23	32	87	156	
Community Care (Community Enhanced Health Checks) provided by GPs		291	186	272	301	178	1228	
Wider Grenfell Physical Health Case Management provided by Central London Healthcare NHS Trust		238	179	169	18	89	693	
Clinical and Operational Roles (incl. training)		133	147	129	108	270	786	Clinical Leads and ICB operational role
Primary & Community Care Total	0	880	602	678	500	828	3,487	

Primary care extended appointments

Longer appointments are available for people who have been affected by the Grenfell Tower Fire so that the patient has a longer time to discuss any health concern with their GP.

Enhanced health checks for survivors and bereaved and local residents

Survivors and bereaved and people who live or work in the North Kensington area and have been affected by the Grenfell Tower fire, are eligible for a free Enhanced Health Check (EHC). EHCs are carried out by their own GP. These checks are great for people who are concerned about their health. The check encompasses both a respiratory and lifestyle and health examination and can support people and their family to lead a healthier life. These are aimed at finding the early signs of health problems or any underlying health conditions. Community

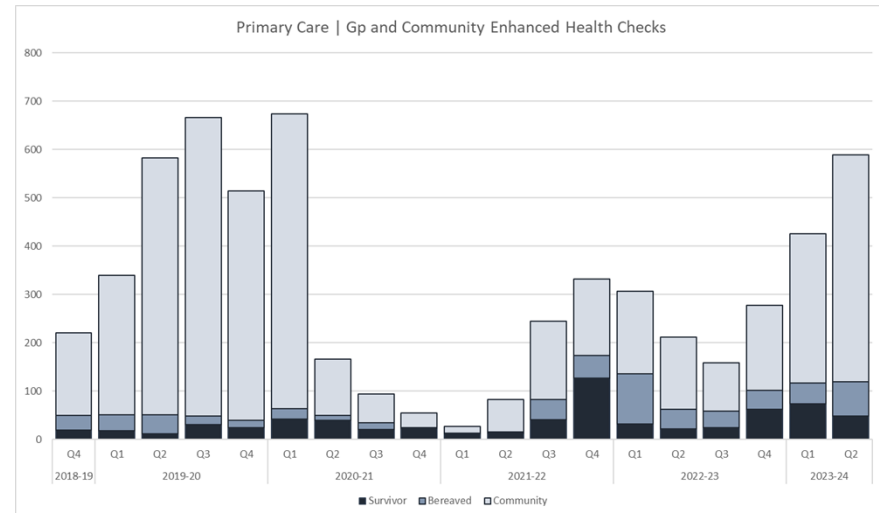
enhanced health checks take place in community venues in the North Kensington area and often respond to local requests from community, faith groups and resident associations.

Since January 2019 there have been over 5900 Enhanced Health Checks completed across practices and the community.

- 309 (71%) of survivors have attended at least one EHC, over 242 survivors have attended a second.
 - **61% of CYP survivors**
- 291 (60%) of bereaved have attended at least one EHC with over 200 attending a second.
 - **53% of CYP bereaved**

Over 3700 patients from the community have attended at least one Health Check.

There have been over 4500 Grenfell Appointments in this time.



Specialist Services

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Adult Respiratory Long-Term Monitoring Service provided by Imperial College Healthcare NHS Trust		154	52	121	79	249	655	
Paediatric Long-Term Monitoring Service Imperial College Healthcare NHS Trust		108	46	75	109	248	586	
Specialist Services Total	0	262	98	196	188	497	1,241	

Adult Respiratory Long-Term Monitoring Service

For survivors of the Grenfell Tower fire, the Specialist Respiratory Service is designed to provide long term monitoring of your respiratory health and lungs. The service is based at St Marys Hospital and at St Charles Health and Wellbeing Centre. The service provides:

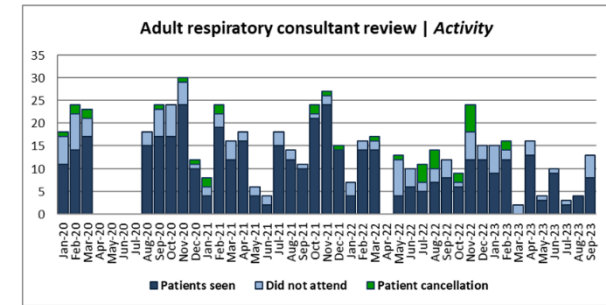
- An annual appointment with a specialist Respiratory Consultant
- A lung function test and any other clinical investigations as appropriate
- Effective management of any condition found, making sure patients get the best out of any treatment
- Stop smoking support if needed
- Address any worries patients may have about their breathing
- Early and accurate diagnosis and support

Patients need to give consent to be referred to this service. Appointments are annual and spread throughout the whole year.

Of the adult survivors, 155 accepted appointments and 138 were able to attend.

An ongoing collaboration with the dedicated service will ensure that any survivor who wishes to access the respiratory monitoring service, but have not yet been able to, can be supported to do so.

The adult respiratory monitoring service also reviewed an additional 34 patients from the community who had exposure concerns about their respiratory health, though were not in the tower on the night of the fire.



Paediatric Long-Term Monitoring Service

The specialist Paediatric Service is designed to provide long term monitoring of the health and wellbeing of all children and young people under the age of 18 in the Dedicated Service.

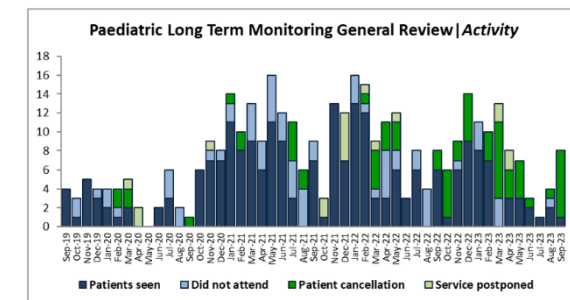
The service provides an annual clinical assessment with a Paediatric Consultant who will undertake a comprehensive physical examination and include the following clinical assessments:

- Lung and breathing function
- Review of emotional health and wellbeing
- Review of sleep patterns
- Height, weight and dietary review

Patients may be offered an additional appointment to see a specialist Paediatric Respiratory Consultant (for children and young people over 5).

The service has had 138 referrals, of those 107 have been able to attend.

42 (98%) of the 43 current CYP Tower survivors have been offered the service by the NHS Dedicated Service. Of those 40 accepted and have been referred into the service, 2 declined and 1 is non contactable.



Self-Care

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Healthier Futures		117	434	430	215	426	1,622	
Operational Roles		39	74	57	0	0	170	Operational role merged with Primary Care operational role
Self-Care & Social Prescribing	0	156	508	487	215	426	1,792	

Healthier futures is the North Kensington Self-Care programme that helps residents of North Kensington to take more control of their mental health and physical wellbeing, and build social contact with access to community, leisure, education, arts and volunteering opportunities. To do this we fund local voluntary sector to provide self-care information, activities and services which can help people to maintain and reach their health & wellbeing goals.

The programme is managed through the Kensington and Chelsea Social Council. All service providers are local grassroots community organisations and form a key part of our commitment to a building local resilience and a community led recovery. Services currently available include:

<ul style="list-style-type: none"> • Complementary therapies <ul style="list-style-type: none"> ○ Health cooking classes in local community venues, delivered by local chefs using local produce 	<ul style="list-style-type: none"> • Group services <ul style="list-style-type: none"> ○ Information and advice sessions ○ Peer support ○ Volunteering to improve employment opportunities ○ Building resilience through health coaching ○ Breath work ○ Mental health first aid ○ Digital skills
<ul style="list-style-type: none"> • Exercise and wellbeing services (to encourage increased levels of physical activity) <ul style="list-style-type: none"> ○ Walking ○ Boxing ○ Yoga 	

Since April 2020 there has been over 5,000 referrals to these services and over 7000 sessions delivered including both individual and group sessions.

Emotional Health and Wellbeing

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Grenfell Health & Wellbeing Service (GHWS) (Mental health support, assessment and treatment for those experiencing trauma and loss related distress as a result of the fire)	4,000	4,725	4,412	5,453	4,559	5,211	28,361	

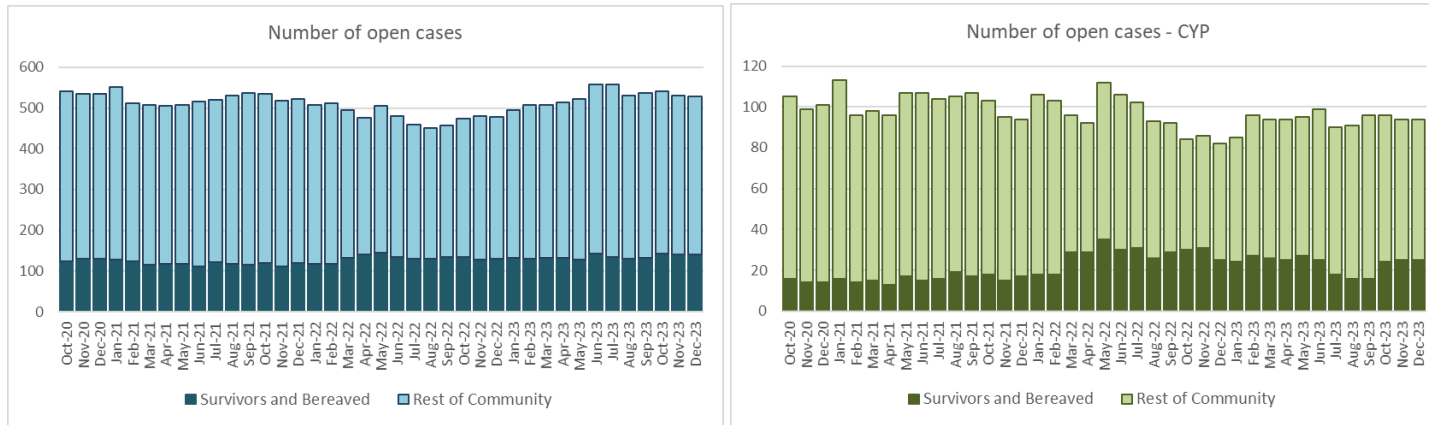
Grenfell Health and Wellbeing Services supports the emotional wellbeing of individuals, couples, children and families who were affected by the Grenfell Tower fire in 2017.

The service aims to work alongside you in a way that is tailored to you, your family and community. The offer includes a range of different therapies and groups, as well as collaborating with communities to develop and deliver community-based projects which promote wellbeing.

The service has grown from feedback from the community and so we now also offer employment support. GHWS also collaborate with other community providers and their own Grenfell Recovery College offers free wellbeing workshops to anyone living in Kensington and Chelsea. As well as workshops for residents, we also offer workshops/training to local organisations, schools and resident groups who support people affected by Grenfell. Please see the GHWS [website](#) for further details.

As at December 2023 there were a total of 389 clients open in the GHWS, this included 140 Survivor and Bereaved and 94 CYP.

- 96% of Survivor and Bereaved have been offered the GHWS with 71% accepting
 - 97% of CYP have been offered with 50% accepting



GHWS also offers many other support services including outreach and triage activities, group therapy, community collaboration, support at events, and other service activities

Children and Young People (CYP)

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
Operational Roles, Development and Delivery		57	39	56	37	72	261	Includes ICB operational role
CYP Activities		35		17	8	72	131	Training, workforce development, peer mentoring programme (23/24-)
CYP Total	0	92	39	72	45	144	392	

CYP Activity occurs within several services including GHWS, Primary Care, Specialist Services, Self-Care and Dedicated Services. Activity and Information for CYP has been included where relevant under the other sections.

Other

North Kensington Recovery Programme Expenditure	Actual £'000					Forecast Expenditure		Comments
	18/19	19/20	20/21	21/22	22/23	23/24	5 Yr Spend	
ICB Staffing	0	442	483	435	321	333	2,013	
Communications	0	86	28	7	39	50	209	Marketing and advertising of services, print materials and website hosting
Operational Roles, Development and Delivery		87	89	130	145	157	609	Includes Health Partners; cultural competency accreditation, training and delivery; engagement activities; Health & Wellbeing Strategy oversight and production
Consultation and Building Community Resilience Activities		18	9	8	2	160	196	
Engagement Consulting and Building Community Resilience	0	105	98	138	147	317	805	
Project Consulting & Psychiatric Support		144	50	23	21	28	267	
Operating Expenses		68	16	16	9	50	158	Meeting expenses, training, expenses and hardware/software licenses
Programme Evaluation & Operating Costs	0	212	66	39	30	78	425	
Total	0	845	675	619	537	778	3,453	

Other includes core management, operating and staffing costs as well as spending on marketing, printing of materials and website costs. "The engagement and engagement and community resilience programme includes:

- Ongoing engagement with the local community including survivor and bereaved and their representative groups. Includes development of North Kensington Health and Wellbeing Strategy and subsequent reviews.

- Management of Health Partners Programme aims to build on the work already taking place with key local organisations from the community, voluntary, faith sectors and residents associations to create a culture of health and community resilience that helps local people to lead long healthy lives.
- Development and delivery of the cultural competence programme aimed at primary care. This has included the development of a bespoke training module aimed at general practice backed by Royal College of General Practice accreditation."

Any programme underspend in year has been allocated to the following years "Future Service Development"

There is currently a Forecast Underspend of £3.069m across the five-year programme. This underspend has been allocated to service delivery in 24/25.