

# Kensington Health & Wellbeing strategy: update & review

Date 2022

# Aims of the Health & Wellbeing strategy

- Commission and ensure the provision of health and wellbeing services required by the communities, survivors and bereaved is in place.
- Commission and ensure that we have services in place that help build community resilience and enable greater self-care.
- Work in partnership with the North Kensington community to ensure that services are culturally appropriate and have been developed together
- Ensure that we measure the impact and the outcomes of the work undertaken at individual and community level.

# Services commissioned

**Primary Care**



Enhanced Health checks  
Extended appointments of up to an hour

**CYP**



Specialist support for 0-18 ( different settings)  
Specialist Paediatric clinics

**Self -care**



Services in variety of sectors to build resilience ; adapted to support pandemic 'Healthier Futures' – grant funding for vol sec (walking groups/yoga/cooking/boxing)

**Dedicated service**



Specialist respiratory assessment  
Specialist paediatric clinics  
Annual review clinics  
EHC

# What worked well

## Primary Care

- Steps being taken to address the issue of variation in practice. Clinical leads developing new set of clinical principles
- GP leads playing active community role
- Cultural competence training for primary care to begin
- Additional Winter Access funds allocated in 2021
- Central hub created at St Charles to increase capacity
- Community organisations supported to build digital capacity
- During lockdown enhanced services adopted digital and virtual access

# What worked well

## **CYP**

- Invested in Children's organisations to provide non-clinical support
- Family support and self care
- CYP apprenticeship to support social media access – plans in progress
- CYP commissioner recruited in 2021 ( delayed due to pandemic)

## **Self-Care**

- Healthier Futures services repurposed through the pandemic. Since 2021, services have continued to increase
- Community based yoga sessions provided to learn techniques to deal with stresses and anxiety
- NK social prescribing link worker post ; outreach service for men to access counselling
- Befriending services to support and give confidence in accessing community services

# What worked well

## Engagement

- Health Partners programme
- Cultural competence training (accreditation)

## Dedicated Service

- NHS Dedicated Service being offered to all S/B/GWR at least once every 12 months
- Undertaking a co-developed health review
- Handbook has been created to explain the Dedicated Service offer and this has been shared with those eligible for the service
- Training for RBKC DS staff to understand some of the specialist services being scheduled
- Specialist services and Enhanced Health Checks offer advice and guidance for smoking cessation.

# Areas for further progress

- Developing a better understanding of changing health needs and how to meet these needs sustainably;
- We need to do more work in effectively communicating with communities about the services on offer, access routes and how best they could feedback on their experiences of the service;
- Widespread delivery of the cultural competency training – initially staff in Primary Care and voluntary sector providers;
- Extend our reach and engagement with the objective of raising awareness of our services and addressing access issues;
- Working with partners to set out our approach to addressing social determinants of health;

# Areas for further progress

- Co-developing with communities a programme of support to further develop community assets, individuals and partnerships. Including:
  - Exploring non-traditional models of care
  - Group based services,
  - Services that don't require a formal diagnosis for access, and
  - Enhancing the cultural appropriateness our service offers;
- Implement plans within the CYP work stream to improve understanding of health needs Children and Young People impacted by Grenfell and how these needs should be met;



## Areas for further progress

- Address other perceived inequalities in access to health services or understanding of health needs in partnership with the community;
- Coordinate with partners to support community resilience and develop community assets already in place;
- Further development of the approach to measuring local health outcomes from the communities' perspective

# Conversation points

- Having explained the progress that has been made - Do you feel that this is right? If not what do you feel is missing?
- We have identified what more needs to be done- Do you agree with this? If not what else do you feel should be done?
- Are there any changing health needs that we should consider post Covid and the 5 Anniversary?
- We have done some work on health outcomes to measure progress - Are there any other health outcomes that should be included? Do you feel that some outcomes should carry more weight and have greater importance?



**Thank you for your help.  
We really appreciate it.**