

Women's  
Association for  
Networking  
and  
Development



Empowering women to become agents for their own change

**NHS**

**West London**  
Clinical Commissioning Group

# HEALTH PARTNER

**WORKING IN PARTNERSHIP  
TO IMPROVE THE HEALTH AND  
WELLBEING OF THE COMMUNITY  
OF NORTH KENSINGTON**

**[www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)**



# Women's Association for Networking and Development and the Health Partners programme

**The Women's Association for Networking and Development (WAND) is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.**

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

"The NHS has really listened to us and took action to satisfy the needs we have identified. We have learnt a lot and hope to continue to work with the NHS."

Gladys Jusu-Sheriff, WAND UK

**Find out more by visiting [www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)**

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## What we do

**You can contact WAND if you need support and advice to help you with your physical and emotional health and wellbeing.**

We are currently working to:

- Provide free one to one multicultural, multilingual, practical emotional support through outreach, referrals from GPs, social services, mosques and other faith organisations, job centres; health navigators and self-referral
- run group sessions for disseminating three mental and emotional wellbeing messages: accept who you are, keep active and eat healthily
- raise awareness on health issues such as mental health, sexual health, cancer and screening for early diagnosis, diabetes depression and anxiety caused by domestic violence and on how to access services
- support girls' health and wellbeing
- support older women's health and wellbeing, reducing and facilitating access to services
- work with Children's Centres helping mothers with young children.

**Contact us to learn more and find out how you can get involved**

Telephone: **020 8962 4132 / 07813 485607**

Email: **[info@wanduk.org](mailto:info@wanduk.org)**

Twitter: **@WANDCharityUK**

WAND UK

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**Supporting  
the NHS**