



West London  
Clinical Commissioning Group

# HEALTH PARTNER

**WORKING IN PARTNERSHIP  
TO IMPROVE THE HEALTH AND  
WELLBEING OF THE COMMUNITY  
OF NORTH KENSINGTON**

[www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)



# Spectra and the Health Partners programme

**Spectra is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.**

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

“This promises to be a great initiative and Spectra is looking forward to working alongside the other partners and the CCG and provide our many services to help all communities.”

John Dugdale, Operations Manager, Spectra

**Find out more by visiting [www.grenfell.nhs.uk](http://www.grenfell.nhs.uk)**

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## What we do

**You can contact the Spectra if you need support and advice to help you with your physical and emotional health and wellbeing.**

We are currently working to:

- Improve the choices, health and wellbeing of people, often from diverse and marginalised communities, empowering positive, informed choices about health, including sexual health, emotional resilience and wellbeing, and working with to combat isolation and risk
- provide supportive, knowledgeable, non-judgemental services which are all peer led, meaning they are delivered by people from the communities we work with themselves. These include: rapid HIV testing; health checks; 1-2-1 support; counselling; mentoring; support for Trans groups and contraception advice & information outreach
- be proactive in identifying the needs of all our clients and supporting them
- aim for knowledgeable, aware and empowered individuals and communities who have clear, accurate, credible and non-judgemental wellbeing and health information and quality services that are relevant and accessible.

**Contact us to learn more and find out how you can get involved**

Telephone: **0800 587 8302 / 020 3322 6920**

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**Supporting  
the NHS**